



# PRINCE OF PEACE LUTHERAN CHURCH

**September  
2023  
Newsletter**

**Volume 29  
Issue 9**

## From Pastor Joel Skindlov

Dear sisters and brothers in Christ,

How are you doing? How are you thinking? As we enter into September, the bells and buzzers of school and Fall rhythms are right around the corner. What might life look like with a renewed mind for you, for us?

"I appeal to you therefore, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God-what is good and acceptable and perfect" (Romans 12:1-8, NRSV).

It's challenging not to conform to the world's understanding and mindset. Yet, I don't think we are called to live sheltered and shielded from the world. Throughout the Bible God invites people into relationship, into the challenging and life-giving work of community. I'm struck by the "renewing of your minds" phrase in Paul's letter to the house church in Rome. Amid all the voices, pictures, and things vying for our attention and brain space, How might we renew our minds? What might that even mean?

One New Testament scholar describes this renewing of your minds, "describes the kind of thinking (*phronēō*) Paul commends to the Romans 12:3 (and to the Philippians in Philippians 2:5) as combining action and imagination. Paul says that it involves both body (Romans 12:1) and mind (Romans 12:2)" (workingpreacher.org commentary, Romans 12:1-8, Rev. Dr. Mary Hinkle Shore, accessed 8-28-2023).

This action/ imagination or doing/ thinking dynamic works to put our thinking into action. Earlier in the book of Romans, Paul proclaims, "Therefore we have been buried with him(Christ) by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life" (Romans 6:4, NRSV). What do you think? We are connected with Christ, intertwined, energized, and empowered by Jesus living within us! Since we have this promise, we can move out into the world sharing Christ's love and connecting with our neighbor. Living from this reality of newness of life given to us by Christ, we are invited to renew our minds and present our bodies as a living sacrifice. We practice this living through working together as the body of Christ.

How might God be renewing our mind, both communally and individually? How does our connection with one another enhance and encourage our own giftedness? I wonder if the opposite might also help us, that by acting in loving, kind, gracious ways toward ourselves and others, we can renew how we think about ourselves and those around us.

A recent Inc. magazine article discussed the ways that we "talk" to ourselves can have an impact on our actions. One phrase that struck me were, "I can't" to "I might" or "What's stopping me from doing this?" I find the small change or adjustment in the wording of these phrases as an illustration of renewing our minds. Here's the link to the article <https://www.inc.com/minda-zetlin/a-neuroscientist-explains-why-these-5-phrases-are-holding-you-back-what-to-say-instead.html>

Since we belong to Christ and Jesus lives within us, we are invited and challenged to see ourselves as Jesus sees you.

What thinking might open our imagination to the ways God is at work in our church, our neighborhood and community? God grant us courage, wisdom, and imagination as we continue to share the love of God in, with, and for our community?

Peace, Pastor Joel

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### Caritas Needs For September

#### Food:

Small peanut butter jars,  
jelly/jam, pancake mix, syrup,  
cereal, canned m tuna/chicken,  
individual trail mix, meat sticks,  
granola bars, boxed meals and  
chili.

#### Necessities:

Toothpaste, wrapped  
toothbrushes, deodorant, little  
lotions and dish soap

(non perishables)

Please don't tie bags shut!

Caritas Outreach Ministries,  
1228 W. Nebraska, Spokane, WA 99205

## From The President

*They joined with the other believers in regular attendance at the apostles' teaching sessions and at the Communion services and prayer meetings.*

*A deep sense of awe was on them all, and the apostles did many miracles.*

Acts 2:42-43

What is fellowship and why is it important? No, no... not simply coffee hour, but Christian fellowship. I've had various people throughout my life - neighbors, people I work with, even some family members ask me why I go to church. Some have said that they believe, but they didn't think it was necessary to attend. I mean really, what's so important about going to church - they believe in God... Well, in some ways they may be right; but in other ways, I like to share that they may be missing out on so much more. For me, fellowship is an essential part of faith in that God brings us together as friends and family. Yes, it's a community of followers who like me are learning, growing in faith and supporting one another through the peaks and valleys of life. It is special because it is where we take time out to reconnect with God and listen to God's word.

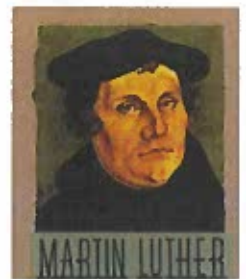
As summer is quickly coming to a close, I hope everyone has had some time to rest and enjoy some time with family and friends. We are blessed with a wonderful and caring community at Prince of Peace. This Fall, let's all look forward to reconnecting and growing together in faith!

Praise be to God!

*Karen Chaffins*

## Martin Luther Quotes

***"I have so much to do that I shall spend the first three hours in prayer"***



Prince of Peace Lutheran Church publishes a monthly newsletter for members, friends and churches in the area. News articles, address changes, questions or comments should be addressed to:

### **Newsletter Editor**

Prince of Peace Lutheran Church  
8441 N. Indian Trail Road  
Spokane, WA 99208  
Phone: (509) 465-0779

Website: [www.pospokane.org](http://www.pospokane.org)  
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Pastor: Pastor Joel Skindlov  
Office Manager: Ami Elliott  
Music Director: Janet Robel  
Custodian: Mark Smith  
Preschool Directors:  
Sue Cole & Stephanie Perreiah

### OFFICE HOURS

Mon. - Fri. 9:00 am - 3:00 pm  
**Office closed on Fridays**  
**Memorial Day-Labor Day Weekends**

### SUNDAY WORSHIP SCHEDULE

Worship Service - 9:00 am  
Worship currently also streamed on FB at  
"Prince of Peace Lutheran Church Spokane"  
Fellowship- 10:15 am



**Saturday, September 16, 2023**

POP Fellowship Hall

7am- Start cooking

8am-Enjoy breakfast & discussion

## Serving You This Month

September	Altar Guild	Worship Assistants	Altar Flowers	Media	Ushers	Communion Servers	Fellowship
3	Judi Holden	Dave Liezen	The Parrishs	Erica & Lee Salkin	Joe Rock	Susan Ames	The Christoffs
10	Ginny Zimmerman	Rebecca Hendrickson	The Renfords	Simon Feist	Doug Elliott	Sue Parrish	
17	Holly Christoff	John Renford		Bernie Polikowsky	Paul & Sue Parrish	Holly Christoff	
24	Karen Heimbigner	Joy Liezen		Bernie Polikowsky		Karen Heimbigner	

## Bible Readings for the Month

### **Sunday, September 3**

1st Reading: Jeremiah 15:15-21

Psalm: Psalm 26:1-8

2nd Reading: Romans 12:9-21

Gospel: Matthew 16:21-28



### **Sunday, September 17**

1st Reading: Genesis 50:15-21

Psalm: 103:1-13

2nd Reading: Romans 14:1-12

Gospel: Matthew 18:21-35

### **Sunday, September 10**

1st Reading: Ezekiel 33:7-11

Psalm: 119:33-40

2nd Reading: Romans 13:8-14

Gospel: Matthew 18:15-20

### **Sunday, September 24**

1st Reading: Jonah 3:10-4:11

Psalm: 145:1-8

2nd Reading: Philippians 1:21-30

Gospel: Matthew 20:1-16

## September

September 2- Pete Bauernfeind

September-6- Randy Holland

September 8- Joene Liezen

September 14- Angela Rapp  
Michelle Slider

September 15- Matt Liezen

September 18- Paulla Lalley

September 22-Pam Carlson

Susan Ames

September 23- Karen Bauernfeind

September 26- Tammy Fleiger

September 30- David Liezen



September 14- Mel & Pam Nebelsieck

September 16- Paul & Sue Parrish

September 18- Jerry & Bernie Webster

September 19- Randy & Lisa Lasswell

September 21- John & Peggy Renford

September 22- Kim & Diane Floyd

September 27- Joe & Judy Reihman



# News from POP

## To Ponder:

For you formed my inward parts;  
you knitted me together in my mother's womb.

*I praise you, for I am fearfully and wonderfully made.*

Wonderful are your works;  
my soul knows it very well.

*My frame was not hidden from you,*  
when I was being made in secret,  
intricately woven in the depths of the earth.

*Your eyes saw my unformed substance;*  
in your book were written, every one of them,  
the days that were formed for me,  
when as yet there was none of them.

Psalm 139: 13-16 ESV

For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.

Ephesians 2:10

"Your heart is unique. Others may appear to have similar passions, thoughts, or purposes, but only in you are they fashioned together in specific ways that make you who you are. And that makes you the only person who fits into your spot in the bigger picture in God's eternal plan."

The Whole-hearted Woman, Healing and Transformation in a Broken World

By Laura Knutson



# Wild Fire Relief

Synod,

Thank you for concern about the individuals and communities impacted by the devastating fires in Eastern Washington. The Gray Fire began just southwest of Medical Lake, WA, spread quickly into residential areas, including the City of Medical Lake, and then continued to make runs to the east and south. The whole community of Medical Lake was evacuated along with the outlying areas. Several members of St. John's Lutheran, Medical Lake lost their homes in the fire. The fire came within a few blocks of the church building. St. John's and Emmanuel Lutheran, Reardan are served by Co-Pastors Carol and Greg Yeager. They moved worship for both churches to Reardon Aug. 20 and were joined by Assistant to the Bishop Phil Misner. Another fire we continue to watch is the Oregon Road Fire.

What you can do now

## Pray

Please pray for the Medical Lake and other communities impacted by the fires. May God's healing presence bring them peace and hope in their time of need and give strength to those working diligently to contain the fires and care for affected communities.

## Give

Our Washington State coordinator for Lutheran Disaster Response (LDR) has advised us to direct gifts to:

- 1) Inland Second Harvest <https://2-harvest.org> They are doing their current work along with providing food to those who have been impacted.
- 2) Lutheran Disaster Response. Gifts to "[U.S. Wildfires](#)" will be used in full (100%) to assist those affected by wildfires. Or make a general [donation to donation to Lutheran Disaster Response](#) so they can respond to disasters whenever and wherever they strike.

Bishop Meggan Manlove

Northwest Intermountain Synod

Evangelical Lutheran Church in America

## FINANCIAL UPDATE

	INCOME	EXPENSES	TOTAL Income/(Loss)
July 2023	\$ 38,511.93	\$ 37,093.57	\$ 1,418.36
2023 Year to Date	\$ 202,499.24	\$217,888.09	(\$ 15,388.85)

Current monthly PROFIT & LOSS statements are located on the Council bulletin board opposite the office.

We understand that your expenses have gone up also but if you can go beyond your normal pledge, it would be very much appreciated.

For any questions, please contact Mary Froscheiser, Treasurer.

# PRINCE OF PEACE DAY OF PRAYER

Prayer is a powerful gift that we are blessed with. Conversations with our Lord can be on-going throughout the day or maybe just at meals and bedtime. Whatever your preference, we know that prayer is effective. Our prayers go out to those suffering from fires, floods and wars, and on a personal note we pray for our community and church. On September 8th, we are asking you to set aside 30 minutes during your day to come to the church sanctuary or at home or work for prayer. *The sanctuary will be open from 9am to 3pm and designated for a quiet prayer time.* Enclosed is an article that is a guide for praying for 30 minutes.

## 30 Minutes in Prayer

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### **“A half hour – how can I pray for 30 minutes – I’ll run out of things to say!”**

Prayer is like sitting down in a restaurant with a friend, you find a lot of things to say. But if talking to God for that long seems intimidating, it’s probably because we’re still learning just to share ourselves with Him as we would with a friend.

The following suggestions are designed to help you take courage to try spending dedicated time with the Lord. Probably after 10 minutes you won’t need the outline and you’ll find plenty to talk about without prompting.

#### **PREPARATION**

**1 min. Beginning Prayer.** Ask God to help you spend this time profitably with Him. Ask His guidance. Give yourself to Him for 30 minutes.

**2 min. Confession.** Spend a few minutes going over with Him sins which weigh on you. Ask for His cleansing, then accept it by faith and thank Him. He is far more willing to forgive than you are to ask.

#### **PRAISE AND THANKSGIVING**

**3 min. Adoration.** Praise the Lord for his kindness, goodness and mercy. Thank Him for His goodness to you and your friends. As your heart begins to adore Him, you’ll sense His presence more deeply.

#### **PETITION**

**4 min. Pray about Life’s Difficulties.** Use this time to talk over with the Lord your own personal struggles and the struggles and needs of others.

#### **INTERCESSION**

**4 min. Pray for friends, relatives, neighbors and fellow workers.** Don’t just list their names but talk to Him about their lives and needs. Ask God to give you opportunities for witness and sharing in depth.

**6 min. Pray for our Church and its needs.** Call on him for deep renewal of love for God. Pray for the pastor and church leaders and fellow members. Pray for volunteers to serve on council and committees. Call on God for an increase in giving so the church doesn’t have to struggle so much.

**6 min. Pray for our Nation,** that God will guide our president and legislators, our justices and judges, our governors and mayors, our police and firemen.

**4 min. Pray for Other Nations,** for the work of Christ throughout the world. Intercede for unreached peoples, pray for missionaries, for third-world pastors and churches, for the people of God who are suffering persecution. Pray for peace. Ask God to give food, shelter and hope to the hungry.

Total = 30 minutes.





## PUZZLES, PUZZLES, PUZZLES!

I love doing Jigsaw puzzles - do you? In fact, I love it so much that I have a big stack of puzzles that I've completed. Instead of giving them away, I had this crazy idea to set up a puzzle exchange at church. I have the okay to set it up on a bookshelf in the hallway across from the office. However, before we can get this up and going, we need to have a wide, low (maybe 3 shelves) bookshelf.

Does anyone have a bookshelf that would work? Please give me a call or catch me after church on Sunday.  
Sue Parrish (509-464-3666)



## Prince of Peace Community Garden

The garden is pretty much done for the year. Thanks to everyone who helped tend it. Thanks to Marie Tamura for using the produce to make delicious salsa and spaghetti sauce to share.



Bible Study: 9:30 am Wednesday, September 6, 2023



Quilts for Kids: 9:00 am Tuesday, September 12, 2023



Charity Quilters: 9:00am Tuesdays, September 26, 2023



Please join the women for these monthly events. Also, before leaving any fabric, speak with a quilter about what they could really use to complete quilts.

### Annual POP Quilt Raffle

**Beautiful Quilt 97"X105"**

**Made with Kansas Troubles "Candle in the Window" pattern  
Quilt Kit donated by Gwen Akers**

**All proceeds go back into quilts for the community**

**Drawing to be held on Saturday, October 21, 2023.**

**Need not be present to win.**

**Tickets available in the church office, at Tuesday night  
concerts and following Sunday Worship service.**

**Quilt ticket \$1.00**





Mark your calendars...



The Prince of Peace Holiday Arts & Crafts Show will be held on **Saturday, October 21st!**

All sign ups are on bulletin board in the hallway by restrooms.

Lefse mixing will be on Thursday, October 5th 9am -3pm.

Lefse baking will be on Friday, October 6th 8am-3pm.



We have a short time to prepared beautiful hand crafted items and plan on what delicious baked goods to make.

Ideas for donated hand craft items

- Sewn & quilted projects
- Woodcrafts
- Knitted & Crocheted items
- Christmas ornaments
- Paper crafts
- Painted creations

Ideas for Baked Goods

- Cookies & Brownies
- Fudge & Candy
- Specialty Breads & rolls
- Pies and cakes



# Community Events

Save the DATE

Join us for a  
**5k & Community Fair**  
to support the children  
and families of Joya!

9/16/23

**CONTACT:**

Krista Caro, 509-326-1651 x2223 or  
krista.caro@joya.org  
or visit [www.joya.org/run-fair](http://www.joya.org/run-fair)

- Walk or run from our U-District location through Riverfront Park on an out-and-back route
- Kids Dash at Joya for the littles
- Join the Joya Elite and crowd fund for limited edition swag
- Enjoy the Community Fair and lunch at the end of the run



SCAN FOR DETAILS



We are continuing to plan for our fundraiser on Oct. 19th. We need donated theme baskets. Here are some ideas for themed baskets: Gardeners, For the BBQ, Dog or Cat, Home Chef Starter, Car Care, Beach Day, or Date Night at Home.

We also need help at our fundraising event with mailings and canvassing.

If you are interested please contact:  
[Staff@caritasoutreachministries.org](mailto:Staff@caritasoutreachministries.org) attn. Chris



## Dinner on the Farm

A farm-to-fork dining experience celebrating 55 years of service to women and children.

Friday, September 15, 2023  
6:00 PM to 9:00 PM

We're gathering at Owens Farms to enjoy a world class, five-course dinner prepared by Spokane's finest chefs.

The tranquility of Owens Farms, located just 25 minutes from downtown Spokane along the Palouse Highway, will transport you with its beautifully landscaped grounds, idyllic setting, and spectacular vistas.

benefitting

**Women & Children's**  
FREE RESTAURANT COMMUNITY KITCHEN



## Meet our Celebrity Chefs

### Chef Chad White

Acclaimed local restaurateur

Former "Top Chef" contestant

James Beard Award  
2020 and 2022  
Best Chef semifinalist



### Chef Ricky Webster

Owner of popular Rind and Wheat

Impressive list of network TV baking competition wins

Regular contributor to the Spokesman-Review

## Dinner on the Farm

Individual Tickets - \$195

Table of 8 - \$1,560

Visit [farmdinner.org](http://farmdinner.org) for tickets and event details.  
Contact Bonni at 509-324-1995 ext. 303 for personal assistance.

## YOU'RE INVITED!

To the 12th Annual

# HOEDOWN FOR HOPE

Benefiting Spokane HOPE

Center for Deaf and Hard of Hearing Children

**SATURDAY OCTOBER 7, 2023**

**5:30-10 PM**

Spokane Convention Center 21 +

**\$85 Per Ticket**



To purchase tickets

Visit [spokanehope.org/hoedown](http://spokanehope.org/hoedown) or scan the QR code to get your tickets today!






Center for Deaf & Hard of Hearing Children

RSVP or Questions

[Hoedown@spokanehope.org](mailto:Hoedown@spokanehope.org) • 509-568-0044

# September 2023

SUN	MON	TUE	WED	THU	FRI	SAT
					1 Church Office Closed	2
3 9am Worship Streamed on Facebook at "Prince of Peace Lutheran Church Spokane"	4 Church Office Closed Labor Day	5 7:00 pm All Committee Night	6 9:30 am Women's Bible Study 6:15 pm Men's Choir 7:00 pm Adult Choir	7 1:00 pm Bible Study	8 9-3 Prayer Vigil	9
10 <b>CARITAS SUNDAY</b> 9am Worship Streamed on Facebook at "Prince of Peace Lutheran Church Spokane" 	11 1:00 pm Exec. Council	12 9:00 am Quilts for Kids 5:30 pm Praise Group 	13 6:15 pm Men's Choir 7:00 pm Adult Choir	14 1:00 pm Bible Study	15	16 7:00 am Men's Breakfast
17 9am Worship Streamed on Facebook at "Prince of Peace Lutheran Church Spokane"	18 6:30 pm Council Meeting	19 5:30 pm Praise Group	20 6:15 pm Men's Choir 7:00 pm Adult Choir	21 1:00 pm Bible Study	22	23
24 9am Worship Streamed on Facebook at "Prince of Peace Lutheran Church Spokane"	25	26 9:00 am Charity Quilters 5:30 pm Praise Group 	27 6:15 pm Men's Choir 7:00 pm Adult Choir	28 1:00 pm Bible Study	29	30